



The Bear Essentials



The International School of Busan Weekly Newsletter

Friday 30th September, 2022

Volume 4, Issue 1

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IMPORTANT DATES

Saturday 1st October - SAT
Tuesday 4th October - SKAC Cross Country at BIA
Friday 7th to 8th October - PYP Sports Camp
Friday 14th October - Grade 6 -12 Interim Reports
Saturday 15th October - International Day
Saturday 15th October - SKAC HS Volleyball at DIS
Monday 17th to 21st October - Digital Citizenship Week
Tuesday 18th October - SKAC MS Futsal at ISB
Friday 21st October - Parent/Teacher/Student Conferences

Featured Story



There was great excitement in the Elementary School today! Members of the student council inaugurated our new see-saw by cutting the ribbon at a special opening ceremony. Mr. McCloskey and Mr. Smith officially tested the equipment with approval granted by our special mascot, Taegeuk the ISB Bear! The children then took turns playing on the seesaw at playtime. It is a popular addition to our playground. We hope the PYP students enjoy the new equipment.

Monthly Parent Workshop: The Importance of Sleep

ISB parents joined the Secondary Principal, Mr. Buck, and the Whole School Counsellor, Ms. Hibon on Wednesday September 28th to talk about the importance of sleep, and setting up sleep routines for school. We reviewed the latest science of sleep and brain development, and discussed how to help children understand the importance of sleep for their overall health and academic and personal wellbeing. We invite you to take a look at the [presentation](#) to find helpful information, resources, and practical steps that you can try at home with your family.



ISB Community Runs

Tomorrow morning is our final Saturday community run. Please meet us at Pale de Cz at 7:30am if you would like to run with our Bears cross country team. Runners will be racing the clock to see how their times improved over the season. We also have 2 Friday morning runs planned (14th October & 4th November) so join the [ISB Community Runs mailing list](#) if you would like to run or help out.

**Elementary students are welcome to join us, but must have a parent running with them at all times.*



From the Head of School

It was great to welcome members of our parent community to school on Wednesday. The morning started with a Parent Workshop focusing on the importance of sleep. Our Secondary Principal, Gilles Buck, and School Counsellor, Ellenore Hibon, shared information and some useful parenting advice. Following the workshop we had our monthly PTA Coffee Morning. Exciting plans for the ISB International Day on Saturday 15th October were discussed (please check the PTA section at the end of this newsletter). Our Grade 5 recorder ensemble took the opportunity to perform for parents as they prepared for the Winter Music Concert on 15th December.



Simon McCloskey



ISB
INTERNATIONAL SCHOOL OF BUSAN
Est. 1983

Saturday 15th October

International Day

From the Elementary Principal

As Covid restrictions ease around the world, it is wonderful to be able to slowly return to our Pre-Covid model of using experiences from outside school to enhance student learning. This week, Grade 1 students experienced the wonders of transportation as they tried a variety of forms in the Haeundae area. This will be further extended next week when they visit a naval ship! This week also saw the start of Kindergarten's regular Forest School excursions to Songjeong where they explored the natural environment. Today, Early Years and Kindergarten students got their hands dirty while digging sweet potatoes from the ground! We have more planned in the near future, including the possibility of a residential camp. More details to follow.



Kevin Smith

Recorder Ensemble

A grade 5 recorder ensemble performed at the parent workshop and PTA meeting. The performance included descant and tenor recorders playing in 2-part harmony. Students have been developing their skills at maintaining the tempo and listening to each other as they play together. Well done to Luca, Jia, Angelique, Vlada, Xian, Emma, Vera & Woorim.



Grade 1 Field Trips

Grade 1 students went on a journey this week to explore how we organize ourselves! Students explored the concepts of transportation, community, systems, and the use of signs and symbols. The students discovered how these concepts impact society as well as their personal lives. Students worked on their self-management skills by being responsible for their iPad for the entire trip and documenting the signs and symbols they noticed along their journey. They have been sharing their learning in class and even graphing the shapes we recognize as signs and symbols.



Grade One Field Trip

House Activities

On Thursday afternoon, students from Kindergarten to Grade 5 enjoyed House Activities. Kindergarten and Grade 1 students played a Treasure Hunt game in which items representing the house colors were hidden around the elementary playground. Students had to work together to find the items for their house and bring them back to their home base. Grade 2 & 3 students played a game called "Knock the Egg". The game's aim is to knock the other team's egg over by throwing or rolling a ball at it. The first team to knock down the other team's egg wins. Finally, Grade 4 & 5 students played a game called "Yoshi" on the field. All students had a lot of healthy exercise and fun in a friendly competitive spirit. Thank you to Mr Byrne for organising the event for us.



Listening in Grade 4

This week students began listening to reading. Group listening allows students to enjoy the twists and turns of engaging stories with others. The silence of the classroom is often broken with laughter, gasps and sighs. After each session students will have a book club to discuss and share their thoughts and opinions about the text.



Grade 2 Inquire into Who We Are

As part of our year-long inquiry into Who We Are (healthy choices), the Grade 2 students created research questions and then tried to find information to provide answers. Every student made a poster to share the information they found. In our buddy time with Grade 5, we all presented our posters to the older students. This was a great way for all of the students to practice their communication skills. The Grade 2 students were excited about sharing their learning and the Grade 5 students were a very kind audience. Well done to both classes for their excellent teamwork!





Grade 5 Presentations

Grade 5 wrapped up their first unit of inquiry where they explored different aspects of multimedia and how to make effective and clear presentations. In their action and application, students collaborated together to create their own commercial promoting healthy living. Students used visuals, audio, and text to share their messages with the audience. Today, we were able to celebrate our achievements by watching and giving feedback to the other groups. The videos are excellent!

Kindergarten Forest School

This week Kindergarten had our first Forest School of the year. We predicted what we might see. We explored the space, collected some things, played and had fun. We also recorded some of the reasons we picked each stick, shell, pinecone and branch we collected. It is going to be a great year at Forest School.

A relationship develops with nature by exploring the natural environment.

1st Forest School- what do we think will happen?

Iwan- find treasure	Emil- we will see snakes
Hannah- lots of trees	Amelia- dirt
Jia- finding stuff	Serena- park there somewhere (slides, swings)
Suhoo- beach and EY2	Lilian- lots of birds
Junseo- beach	Mace- 2000 snakes and reindeers
Taigen- good to play	

A relationship develops with nature by exploring the natural environment.

27th September, 2022

A relationship develops with nature by exploring the natural environment.

27th September, 2022



The Power of Imaginative Play

For children of all ages, imaginative or make-believe play is an integral part of their development. It lets children step into their world in a way that fosters creativity. Make-believe play also helps children develop critical cognitive skills known as executive function. From engaging in imaginative play, children have a chance to push their mental and physical development. Imagine those times when your child is jumping from couch to couch, pretending the floor is hot lava. This type of play allows children to practice language and social skills in a non-threatening way. They practice problem-solving and self-regulation, all without our involvement.



If you are ever invited to join, it opens up ways for you to teach positive behaviours in a non-explicit and fun way. You can promote imaginative play mostly by stepping aside and providing free time. Some children like to use items around the house as props. A basket filled with old hats, accessories, some previously owned clothes, are wonderful play tools. Simple props rather than elaborate or already made character-specific outfits, provide the most varied possibilities for pretend play. Look for items in your own home that could be used by your children. A blanket becomes a cape, an old tie can become a belt, a basket becomes a hat. Children's play flourishes when we "let it" happen rather than "make it" happen. When you look at top skills employers look for in candidates, you will find that creativity, communication, collaboration, and problem-solving tend to top the lists. Imaginative play is a head start to success.

Ellenore Hibon

ISB School Counsellor

Eco-Schools Update

The Eco Club/Gardening Crew have been growing seedlings, potting them, and preparing to give to any classroom to help make the space brighter and feel more welcoming (*see photo below*). All plants are grown on campus... **NO** pesticides! Last week they also trimmed back the rosemary on campus and left some clippings in each of the teacher staff rooms to take as much as wanted (*see photo below*). Thank you to Pamela Love and her team for getting this initiative started... the school already looks and smells lovelier!



Go green, keep it clean!



Another great full week of school with perfect weather! As mentioned last week, the secondary school is in the most important period of the first reporting period as we have full 5-day weeks, our routines have been set and learning units are being completed. This also means that many courses are having assessments including summative assessments. You may thus be noticing increased stress regarding school work. Helping your child manage the stress and time can be useful support for your child.



Gilles Buck

College Corner

Our College Counsellor, GJ Johnson, will be updating College Counselling information in this section of the Newsletter every other week. Here is this week's updated edition of the [College Counseling letter](#).

We finalised our student council for the school year on Monday. The student council will be introducing itself to the student body during our Friday assembly and will meet weekly during Lunch with their mentor and the secondary school administration. We look forward to seeing their leadership in action. Below is the complete student council for this school year.

HS Student Council

President: Hannah

Vice President: Charlene

Secretary: Kyeong-Min

Treasurer: Grant

MS Student Council

President: H'sia

Treasurer: Euijin

This week we were happy to host Busan Foreign School for a friendly game of boys Volleyball while the girls team visited BFS for their friendly game.



Secondary School New Student Mixer



The middle school Anchored 4 Life club hosted an event for students who newly joined ISB this academic year during homeroom on Monday, September 26th. It was an opportunity for new students to get to know each other as well as the A4L club members. Club members brought some food and snacks to be shared with the group and Club leaders lead different ice breaker games to build relationships and connections. Here are some photos from the event. MS A4L club hopes to host more events in the future to support new students transitioning to our community!

Secondary Learning Focus: The Creative Arts Department

Grade 9 Music

The grade 9 music students started the year by shaping their ensemble skills and playing together as a class. This ensemble set is new with a grand variety of instruments presented in the groups of: violin, cello, flute, clarinet, alto-saxophone, trumpet, electric guitar, bass guitar, drums, and xylophone.

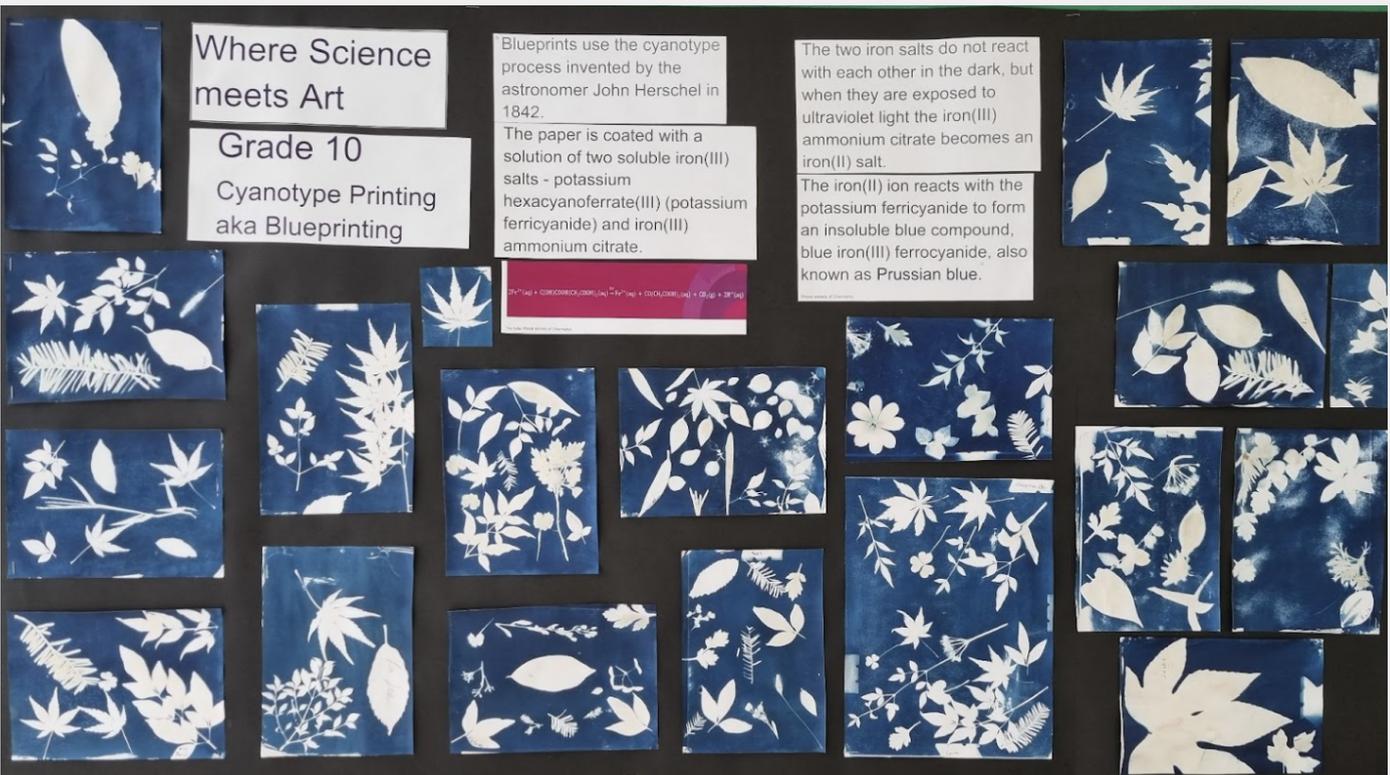
The Unit *'Art, Pop, and Folk'* helped students to be exposed to three major styles/genres in music - classical, traditional, and contemporary. The chosen repertoire list includes a classic march by JP Sousa *'The Thunderer'*, arrangement of the pop song *'Handclap'*, an arrangement of the 70s rock classic *'In The Midnight Hour'*, and an energetic piece called *'Spania'* based on traditional Spanish motifs.



Grade 10 Visual Art

Grade 10 Visual Art students have been working on developing skills for the first unit of the year, 'Newspaper Ground'. They have been completing a range of tasks and experiments where they get to study and emulate several artworks of established artists. This is a portrait project where they will be developing a narrative based on their investigations. They will be creating a mixed media artwork that communicates their ideas through visual images and an inquiry into how they can use symbols and signs to represent the impact of a new story. Science grade 10 students have been making cross curricular connections to Visual Art. They have been creating Blueprints using the Cyanotype Printing process. They produced these incredibly vibrant images using chemicals, natural objects, such as leaves and foliage and controlled exposure to sunlight





Drama

This semester **grade 6** have dived head first into exploring how we build trust and use our voices and our bodies to communicate a range of emotions and intentions. These skills are the building blocks of any good drama work, and will stand them in good stead for upcoming drama challenges.

Grade 7 have been working across English and Drama to explore the nature of dystopia. In drama they've been combining their prior knowledge with physical theatre techniques to start building an immersive theatre piece that will let its audience experience the emotional forces that drive a utopian society.

Italian comedy is the name of the game in **grade 8!** Big colourful and wacky characters and lots of physical clowning fills every lesson. By creating theatre in the 16th century Italian Commedia Dell'Arte tradition we are also seeing how far the comic stereotypes have spread across cultures since.

Can theatre teach its audience? Or call them to action against an injustice? Theatre maker Brecht believed so, and **grade 9** are creating their own political plays with his techniques to put it to the test.



This week we interviewed **Zoe Howarth**

Qualification and certifications: BA (Hons) degree in Leisure and Sport Studies from Leeds Metropolitan University and a PGCE from the University of Exeter.

What is your role at ISB? I am currently a Secondary PE and EAL teacher

Our community really is an international community! Where would you say you're from and where else have you lived? I am a forces child myself, my dad was in the British Army throughout my whole childhood. We lived in the UK, Germany and Gibraltar. Due to the nature of Army life, many people come and go so I had the opportunity from a young age to fully immerse myself in an International community.

Once I qualified as a teacher it gave me the opportunity to travel and explore the world. I started my teaching career in the UK, I then worked in an International School in Germany, moved back to the UK to have my first child and then moved to India. I am now enjoying working and living in Busan.

What inspired you to become a teacher? I went to a fantastic Secondary school in Germany and had really inspirational PE teachers. I have always loved sport and working with children so it seemed like the perfect combination.

What is your educational philosophy? My educational philosophy is to instil lifelong learning into all students I teach, with them becoming well rounded individuals, who have the opportunity to reach their full potential irrespective of the path they choose to take.

What made you choose ISB? I love working in small schools and believe it's important to build community and strong relationships with students in order for them to grow. I feel that ISB definitely offers these qualities.

What is the best part of your job? The best part of my job is seeing growth in students, working closely with individuals and watching them change and develop is one of the many benefits of being a teacher.

What are your hobbies and interests?

I love to move my body, being physically active whether it be running, swimming, cycling or walking makes me feel complete. It is important not only for my physical health but also for my mental health. I also enjoy listening to music and reading, but my favourite thing to do is spend time with my family.

What is your favourite quote? 'A good life is a collection of happy memories' - Denis Waitley

What is the impact you'd like to have on the world? I'd like to instil a passion for lifelong learning, have everyone who crosses my path understand the importance of love and kindness and see the true potential in themselves and others around them.



From the ISB Cafeteria

Back by popular demand, Chef Kim Kill Hee will be selling turkeys to enjoy. The turkeys can be cooked at the ISB cafeteria or at home in your oven. The turkeys will be ready for you to heat up and enjoy.

The turkeys will be available from October 1st, 2022 until January 31st, 2023. Chef Kim will work with you to arrange a pickup time and be available at nearly any time. Please order at least two days in advance. 5Kg Turkeys serve 6-7 people and 7Kg Turkeys serve 8-10 people. Great for dinner parties with friends, church dinners, Thanksgiving, and Christmas.



Chef Kim has over thirty-eight years experience as an executive chef at hotels like the Marriott, Hyatt, Grand Hyatt, and Chosun.



Menu Options

- A. 110,000 KRW - Uncooked Turkey (5Kg) with Cranberry Sauce
- B. 130,000 KRW - Uncooked Turkey (7Kg) with Cranberry Sauce
- C. 170,000 KRW - Cooked Turkey (5Kg) with stuffing, giblet sauce, and cranberry sauce (Most Popular)
- D. 185,000 KRW - Cooked Turkey (7Kg) with stuffing, giblet sauce, and cranberry sauce

Add Ons:

- A. 15,000 KRW for Delivery anywhere in Korea
- B. 15,000 KRW for 500g of Mashed Potatoes from Scratch
- C. 15,000 KRW for 500g of Steamed Brussel Sprouts
- D. 15,000 KRW for 500g of Steamed Broccoli
- E. 15,000 KRW for 500g of Steamed Carrots
- F. 15,000 KRW for 500g of Extra Stuffing

Turkeys are sourced from either the USA, Canada or Australia.

How to Order: Contact Chef Kim with your order and date (at least two days in advance)

Email: Khkim6543@hanmail.net By phone: 010-2583-6545

Testimonials

"This is the best turkey I've had in my life. I'm going to order two turkeys this year." - Mrs. Natalie S.

"This is the best turkey I've had in Korea." - Mr. Paul K.



ISB is a learning community with nearly 40 countries represented. International Day gives everyone the opportunity to showcase what makes their country unique. Country booths will showcase traditional food, dress and activities as a way to experience a variety of cultures within the ISB Community. There will also be popcorn, cotton candy and drinks for sale. Finally, raffle prizes, performances, a bounce house and games will complete this exciting day of celebration at ISB.

- There will be 20 countries represented on International Day.
- Tickets are the sole form of currency used for food, activities and raffle prizes.
- Food activities and raffle prizes range from 1-3 tickets.

[Click here for pre-sale tickets!](#)

SAVE THE DATES

- **October 8** - Sports Camp snacks
- **October 15** - International Day
- **October 31** - Trunk or Treat for Grades EY1 - Grade 8. Sign-ups coming soon!



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